



## IL POLST Training Post-Survey Instrument

Training Location: \_\_\_\_\_

Training Date: \_\_\_\_\_

Please answer True (T) or False (F) to the following questions:

Circle one	Q#
T or F	1. A patient with decision-making capacity may change his/her POLST choices and complete a new POLST form.
T or F	2. In order for a POLST form to be valid, the signatures that are required on the form are those of the doctor and that of the patient or his/her legal representative.
T or F	3. CPR is performed when a person is unconscious, and their heart and breathing have stopped.
T or F	4. POLST gives instructions for care that all health care providers are legally required to follow.
T or F	5. If a patient has an older "IDPH Uniform DNR Advance Directive" and then completes an "IDPH Uniform DNR Advance Directive/POLST form, instructions on both forms should be considered.
T or F	6. Every adult should have a POLST form.
T or F	7. A person who has chosen Do Not Attempt Resuscitation in Section A of the IDPH Uniform DNR Advance Directive/ POLST form may also select Full Treatment, such as intubation or mechanical ventilation, in Section B.
T or F	8. A person who has chosen CPR in Section A of IDPH Uniform DNR Advance Directive/POLST form will receive all medically indicated treatments in a pre-arrest emergency, i.e. Full Treatment in Section B, even if Comfort Care or Limited Additional Interventions are selected on the form.
T or F	9. CPR is equally effective in all people.
T or F	10. For ease of locating it, especially at home or in nursing homes, it is recommended that POLST forms be printed on "Ultra Pink" paper, but a POLST on any color paper is valid.
T or F	11. A patient presents in cardiac arrest and his wife provides the EMTs with two forms, one earlier IDPH DNR Advance Directive form, dated 3/16/10 and one revised IDPH DNR Advanced Directive/POLST form dated 3/27/13. The options chosen on the two forms conflict. The EMT should honor the more recent form.
T or F	12. The IDPH Uniform DNR Advance Directive/POLST form is best used for patients with advanced illness or with the frail elderly.
T or F	13. Selection of Do Not Attempt Resuscitation in section A implies that the patient also does not want aggressive treatments in case of a pre-arrest emergency, and would not want artificial nutrition by tube under any circumstances.
T or F	14. POLST does not replace a Power of Attorney for Health Care document.
T or F	15. POLST is an evidence-based model that is being enacted in almost every other state.

FOR TRAINER USE ONLY:

SCORE: \_\_\_\_\_ correct out of 15 possible questions

**PLEASE COMPLETE PAGE TWO**

May 10, 2013

(Adapted from version created by Catherine E. McGregor, RN, MSN, FNS, Sutter Auburn Faith Hospital, CA.)

ADDITIONAL FEEDBACK

1. What were the best aspects of today's training?

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2. Where there any others?

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3. If there were any aspects of the training that were confusing to you, please describe them:

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4. Identify what you think the main challenge would be to implementing/using the POLST form in your setting?"

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5. How was the length of today's training? (Circle one)

Just Right

Too Short

Too Long

6. Please provide any other feedback you think will help us to improve our POLST-IL Trainings in the future?

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THANK YOU FOR YOUR FEEDBACK