

POLST Illinois Committee Members 2021

Julie Goldstein, MD (Program Chairperson) is an ethicist, internist and palliative care physician. She is currently the Medical Director for the Advocate Aurora Health Advance Care Planning & Shared Decision-Making in Serious Illness Program. She is a Respecting Choices ©First Steps © Instructor, certified Next Steps © Organizational Faculty, and certified Advanced Steps State Faculty for Illinois, and she served in 2018 on the Respecting Choices MD Online Curriculum Advisory Group. Dr. Goldstein has served as chief of Clinical Ethics at Advocate Illinois Masonic Medical Center since 1996 and is currently co-chair for Advocate Aurora System Ethics Chairs Steering Committee. Since 2009 has chaired POLST Illinois, a standing committee since 2016 of the Illinois Hospice and Palliative Care Organization, on whose board she currently sits.

Lisa Anderson-Shaw, DrPH, MA, MSN, HEC-C is a clinical ethics consultant in the Chicago area and teaches bioethics courses at the University of Illinois College of Medicine in Chicago and graduate courses in bioethics and health policy at Loyola University of Chicago School of Nursing. She is a licensed and board-certified Advance Practice Nurse in the state of Illinois, with over 35 years of nursing experience, most of which has been in the critical care areas. She currently serves as the clinical ethics consultant for MacNeal Hospital in Berwyn and to RML Specialty Hospitals in Chicago and Hinsdale, Illinois. She is on the RML Specialty Hospitals Ethics Committee and Institutional Review Board as well as the Ethics Committee at MacNeal Hospital. Dr. Anderson-Shaw has been published extensively, including the Journal of Medical Ethics, the Journal of Clinical Ethics, Chest, The American Journal of Bioethics, Journal of Nursing Administration's Healthcare Law, Ethics & Regulation, Bone Marrow Transplantation, and the Journal of NeuroOncology.

Julie Bobell, MBA is the Advance Care Planning Coordinator at Memorial Health System, providing education and guidance to healthcare professionals and community members on topics related to advance care planning, palliative care, and end of life care. She is a certified Respecting Choices© Advanced Steps facilitator and instructor. Julie began her career working in skilled nursing facilities before moving to Memorial Health System. Julie serves as secretary for Senior Services of Central Illinois Board of Directors. She obtained her Master's in Business Administration through Benedictine University in March 2021. Recently, she developed and is implementing a POLST Train the Trainer program for Memorial Health System's network of referring long-term-care facilities.

Rev. Julian A. Bond, MTS, MA serves as Trauma Chaplain at The University of Chicago Medical Center (UCMC) and Hospice Chaplain at Lightways (formerly Joliet Area Community Hospice). Julian began his Clinical Pastoral Education in 2015 serving in trauma centers. His ministry of love and social justice began in 2008, serving ecumenically in a variety of capacities. Currently, Julian is a certified educator, empowering patients and families with healthcare advance directives. Additionally, he offers safe space for all desiring direction in spirituality and contributes as a mentor and presenter to the Chicago-land community as an advocate for victims of violence, facilitating socio-economic alternatives to youth and adults via the Urban Health Initiative, UCMC. Julian has matriculated through Florida A&M University, Tallahassee, FL, University of Northern Iowa, Cedar Falls, IA, and McCormick Theological Seminary, Chicago, IL.

Ellen Byrne, MPP, CPHQ is a healthcare policy and government affairs consultant with experience relating to serious illness. She has a Master of Public Policy from the University of Chicago, Harris School and is recognized by the National Association of Healthcare Quality as a Certified Professional in Healthcare Quality. Ellen is currently the Public Policy Consultant for the Illinois Hospice and Palliative Care Organization and serves on that organization's board, legislative committee, and palliative care committee.

JANET CHANEY, DNP, MSN, RN, CNE serves as a Clinical Assistant Professor at Purdue University Northwest College of Nursing. She has been a registered nurse for 23+ years in many areas and roles including cardiac stepdown and ICU; supervisor; educator; addiction recovery; hospice and nursing supervisor at Statesville prison. Janet has taught many different courses within the nursing curriculum; however, she is most passionate teaching courses that inspire communication, self-awareness, relationship building, and mind-body balance; especially mental health nursing. Her Doctor of Nursing Program project included a position paper titled "Incorporating an ePOLST in the Admission Process Eliminating Delay and Errors" and a research project in improving EMS knowledge and compliance in the presence of a POLST form. Janet is a member of American Psychiatric Nurses Association and Sigma Theta Tau and has served on ethics committees in both the healthcare and university settings.

NANCY FLOWERS, MSW, LCSW is the Community Education Program Manager, Dementia Program Manager and Ethics Chair for Rainbow Hospice and Palliative Care in Illinois. In this role Nancy provides education for community members and professionals on topics related to advance care planning, hospice and end of life care, ethics and advanced dementia care. Nancy has been a social worker, educator and manager for the past 40 years, working primarily with older adults and persons with disabilities, in a variety of health care and government settings. Nancy received a master's in social work from Indiana University and is a licensed clinical social worker. In addition to membership on the Illinois POLST Committee, Nancy is the MyNHPCO Social Worker Community Leader, and a board member of Three Crowns Park and the Bishop Anderson House at Rush University Medical Center.

Paul Hutchison MD, MA, HEC-C is Associate Professor of Medicine and Bioethics at Loyola University Medical Center in Maywood, IL. Paul completed internal medicine residency at the University of Chicago and fellowship at Northwestern University. In 2015 he joined Loyola's faculty where his clinical responsibilities include attending in the medical intensive care unit, staffing the pulmonary consultation service, performing outpatient and inpatient bronchoscopies, and seeing patients in a general pulmonary outpatient clinic. Paul is a member of the hospital ethics committee, and he is a certified healthcare ethics consultant. Paul's research has focused on the formation of trust between ICU physicians and patients' families, and he has contributed to revisions to Loyola's DNR policy and ventilator triage guidelines during the COVID-19 pandemic.

Alicia Lehman, LCSW, MSW, MBA serves as System Director, Advanced Care Management, at Memorial Health System where she leads the advance care planning, social work, palliative care, and hospice teams for Memorial Health System's five hospitals and multiple primary care practices. Alicia is a certified Lean Six Sigma Black Belt and earned the Illinois Health and Hospital Association's Quality Excellence Achievement Award in 2016. She is a member of the Memorial Medical Center Ethics Committee and the Illinois Department of Public Health Abuse Prevention Review Board. She obtained a Master of Social Work degree from the University of

Illinois Urbana-Champaign where she graduated Summa Cum Laude in 2011 and a Master of Business Administration from McKendree University in 2016.

Karen Nisley Long, MA is Director of the Annual Fund at JourneyCare Foundation. Previously, she served as Executive Director for the *Someone to Trust Advance Care Planning Initiative* of the Chicago Region Advance Care Planning Coalition. From 1995-2004, Karen worked on The Robert Wood Johnson Foundation's multi-million-dollar *Last Acts* project to improve care at the end of life. She staffed national task forces on palliative care education, institutional change, and guidelines. She also worked on the 2001 Bill Moyers PBS series, *On Our Own Terms: Dying in America*, and the first edition of the National Consensus Project's *Practice Guidelines for Quality Palliative Care*. Karen is a past president and board member of the Chicago End-of-Life Care Coalition and an original member of the POLST Illinois committee.

Birgitta Sujdak Mackiewicz, PhD is faculty in the Department of Family and Community Medicine at UICOMP. She is a member of the UICOMP Professional Identity Formation Workgroup and the UICOMP Health Humanities Ethics Curriculum Committee. Additionally, Birgitta is a member of the Peoria Community Institutional Review Board, the Multidisciplinary Team at the *Center for Prevention of Abuse*, and on the Ethics Committees at Unity Point Methodist/Proctor, OSFHC Children's Hospital of Illinois and Saint Francis Medical Center. Since 2007, Birgitta has served as Director of Ethics at OSFHC Saint Francis Medical Center & Children's Hospital of Illinois, responsible for the ethics consultation service, education, and patient rights and organizational ethics policy development and review. Birgitta received her PhD in Health Care Ethics from Albert Gnaegi Center for Health Care Ethics at Saint Louis University and master's in philosophy from Michigan State University.

Nooshig Luz Salvador, MD serves as medical director of palliative care services at both Edward and Elmhurst Hospitals, and chair of the Elmhurst Hospital Ethics Committee. In addition, she sits on the Elmhurst Hospital Integrative Medicine Committee actively working on inpatient acupuncture for patient care. She also serves on committees to prevent workplace violence and improve mental health and wellbeing for all employees. Nooshig completed an Integrative Medicine Fellowship in 2020 and is working on a Master of Arts Degrees in Bioethics and Theology. She obtained a Master of Science Degree in Traditional Chinese Medicine in 2018 from which she graduated Summa Cum Laude. Nooshig is board certified in Internal Medicine as well as Hospice and Palliative Care Medicine and is certified as a Hospice Medical Director.

McKayla Weis, LSW, MSW is Program Coordinator of Advance Care Planning at Carle Health System where she provides ACP support and development throughout the organization. She has her Master of Social Work degree from the University of Illinois Urbana-Champaign and is a Licensed Social Worker. McKayla has been with Carle Health since 2014 and worked for many years at the bedside of patients who were hospitalized with serious illness. She has served on Carle's National Healthcare Decisions Day planning committee, presented on topics such as Illinois advance directives and the importance of Advance Care Planning. McKayla serves on her organization's Bio-Ethics committee and is a Respecting Choices® First Steps® Organizational Faculty, providing training and classes to staff and the community.