

**POLST ILLINOIS Training Pre or Post-Test  
CODING SHEET (For Trainer Use Only)**

- T 1. A patient with decision-making capacity may change his/her POLST choices and complete a new IDPH Uniform POLST form at any time.
- F 2. For a IDPH Uniform POLST form to be valid, the signatures that are required on the form are those of the patient’s practitioner and that of the patient or his/her legal representative.
- T 3. CPR is performed when a person is unconscious, and their heart and breathing have stopped.
- T 4. POLST gives instructions for treatment that all health care providers are legally required to follow.
- F 5. If a patient has an older “IDPH Uniform DNR Advance Directive/POLST” form and then later completes an “IDPH Uniform POLST” form, the instructions on both forms should be considered by medical professional.
- F 6. Every adult should have a POLST form.
- T 7. A person who has chosen Do Not Attempt Resuscitation in Section A of the IDPH Uniform POLST form may also select Full Treatment, such as intubation or mechanical ventilation, in Section B.
- T 8. A person who has chosen CPR in Section A of IDPH Uniform POLST form will receive all medically indicated treatments in a pre-arrest emergency, i.e. Full Treatment in Section B, even if Comfort Care or Limited Additional Interventions are selected on the form.
- F 9. CPR is equally effective in all people.
- T 10. For ease of locating it, especially at home or in nursing homes, it is recommended that POLST forms be printed on “Ultra Pink” paper, but a POLST on any color paper is valid.
- T 11. The IDPH Uniform POLST form is only to be used for patients with advanced illness or with the frail elderly.
- F 12. Selection of Do Not Attempt Resuscitation in section A implies that the patient also does not want aggressive treatments in case of a pre-arrest emergency and would not want artificial nutrition by tube under any circumstances.
- T 13. POLST does not replace a Power of Attorney for Health Care document.
- T 14. POLST is an evidence-based model that is being enacted in almost every other state.
- F 15. A photocopy or digital picture of a patient’s IDPH Uniform POLST form is not valid. Medical professionals can only honor an original copy.

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1. A patient with decision-making capacity may change his/her POLST choices and complete a new IDPH Uniform POLST form at any time.
2. For a IDPH Uniform POLST form to be valid, the signatures that are required on the form are those of the patient's practitioner and that of the patient or his/her legal representative.
3. CPR is performed when a person is unconscious, and their heart and breathing have stopped.
4. POLST gives instructions for treatment that all health care providers are legally required to follow.
5. If a patient has an older "IDPH Uniform DNR Advance Directive/POLST" form and then later completes an "IDPH Uniform POLST" form, the instructions on both forms should be considered by medical professional.
6. Every adult should have a POLST form.
7. A person who has chosen Do Not Attempt Resuscitation in Section A of the IDPH Uniform POLST form may also select Full Treatment, such as intubation or mechanical ventilation, in Section B.
8. A person who has chosen CPR in Section A of IDPH Uniform POLST form will receive all medically indicated treatments in a pre-arrest emergency, i.e. Full Treatment in Section B, even if Comfort Care or Limited Additional Interventions are selected on the form.
9. CPR is equally effective in all people.
10. For ease of locating it, especially at home or in nursing homes, it is recommended that POLST forms be printed on "Ultra Pink" paper, but a POLST on any color paper is valid.



Practitioner Orders for  
Life-Sustaining Treatment

11. The IDPH Uniform POLST form is only to be used for patients with advanced illness or with the frail elderly.
12. Selection of Do Not Attempt Resuscitation in section A implies that the patient also does not want aggressive treatments in case of a pre-arrest emergency and would not want artificial nutrition by tube under any circumstances.
13. POLST does not replace a Power of Attorney for Health Care document.
14. POLST is an evidence-based model that is being enacted in almost every other state.
15. A photocopy or digital picture of a patient's IDPH Uniform POLST form is not valid. Medical professionals can only honor an original copy.